

Prescribing of medicines to treat minor illnesses is changing



How is it changing?

Medicines which are available to buy will no longer be routinely prescribed for the following conditions:

Acute sore throat	Conjunctivitis	Coughs, colds and nasal congestion	Mild irritant dermatitis
Cradle cap	Dandruff	Diarrhoea (adults)	Mouth ulcers
Dry eyes/sore tired eyes	Earwax	Excessive sweating	Oral thrush
Haemorrhoids	Head lice	Indigestion & heartburn	Sunburn
Infant colic	Infrequent cold sores of the lip	Infrequent constipation	Threadworms
Infrequent migraine	Insect bites and stings	Mild acne	Mild to moderate hay fever
Minor burns and scalds	Mild cystitis	Mild dry skin	Nappy rash
Minor pain, discomfort and fever (e.g. aches and sprains, headache, period pain, back pain)	Warts and verrucae	Travel sickness	Prevention of tooth decay
	Teething/mild toothache	Ringworm/athletes foot	Sun protection

Why is it changing?

These common conditions can be treated at home with items that can be bought from pharmacies, supermarkets and other stores.

As you will not need an appointment at your GP surgery to obtain a prescription this will save you time. It will also free up appointments for patients with more serious conditions.

If your condition needs further attention your pharmacist will recognise this and recommend you make an appointment.

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