

Prescribing Guidelines for Stoma Appliances

Type	Prescription directions	Quantity per month	Notes
<u>Ileostomy</u>			
One-piece drainable pouch	Drain as required throughout the day and change every 1-2 days	15-30 bags	Bags are drainable
Two piece drainable pouch	Change flange every 3-5 days	A box of flanges contains 5-10 products, this will last 2-4 weeks	Formulary choice - Salts Secuplast Hydro
	Change pouch every 2-3 days	15 pouches	
<u>Colostomy</u>			
One-piece closed pouch	Change between 1-3 times daily depending on frequency and volume of stool	30-90 bags	Bags are not drainable / reusable
Two-piece closed pouch	Change flange every 3-5 days	A box of flanges contains 5-10 products, this will last 2-4 weeks	Formulary choice - Salts Secuplast Hydro
	Change pouch twice daily	60 pouches	
Drainable pouch	Change every 24-48 hours depending on stoma function	15-30 bags	Bags are drainable Recommended if stool is loose
<u>Urostomy</u>			
One-piece closed pouch with tap	Drain as required throughout the day and change every 1-3 days	10-30 bags	Bags are drainable
Two-piece urostomy pouch	Change flange every 3-5 days	A box of flanges contains 5-10 products, this will last 2-4 weeks	Formulary choice - Salts Secuplast Hydro
	Change pouch every 2-3 days	15 pouches a month	
Night drainage bags	Use a new bag every 7 days	4 bags (1 box of 10 bags every 2 to 3 months)	Bags are drainable

Appendices 1 and 2 provide further information

Produced by the Prescribing Team and the lead Stoma nurses at KGH and NGH Approved by the Northamptonshire Prescribing Management Group March 2012

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<u>Accessories</u>			
Belts (for convex pouches)	1 to wear, 1 in the wash and 1 spare	3 per year	Formulary choice - Convatec S210 or Dansac 090-01 for larger patients if S210 not long enough. Washable and re-usable
Adhesive removers	1 -3 cans (depending on frequency of bag changes)	Use each time stoma bag is changed	Formulary choice - CD Medical Peel Easy or Salts Wipeaway. Sprays are more cost effective than wipes.
Deodorants	Not routinely required	Not routinely required	Should not be required. If correctly fitted, no odour should be apparent except when bag is emptied or changed. Household air freshener is sufficient in most cases. Ostomart product if necessary.
Skin fillers (washers, pastes)	As per bags	Change each time bag is changed	Filler pastes/ washers are used to fill creases or dips in the skin to ensure a seal. Formulary choices - Any pastes, Salts Secuplast Mouldable/ Thin washers, Hollister Adapt Rings.
Skin protectives (wipes, films)	Follow directions of stoma nurse	Apply when bag is changed as directed	SHORT TERM USE ONLY (acute prescription): may be used on skin that is broken, sore or weepy to promote healing. If used for >3 months, refer patient to stoma nurse. Barrier creams are NOT recommended as they reduce adhesion of bags/flanges. Formulary choices - Cavilon spray, Cavilon wipes, Coloplast skin barrier.

If quantities ordered exceed those listed without good reason (e.g. number of bags in times of diarrhoea), refer patient to specialist nurse.

Stoma underwear' should not be prescribed, unless a patient develops a parastomal hernia and/or has been advised to wear 'support underwear' by the stoma nurse

Stoma Care Department, Northampton General Hospital

Stoma nurses - Lorraine Batty, Angie Dillon, Melissa Downing and Sam Kightley.

Direct Line: Telephone: 01604 545570 Answer phone messages left before 1pm will be returned the same day, excluding weekends and bank holidays, messages left after 1pm will be returned the following working day.

Bleep: 08.30-14.00 Mon-Fri, excl. bank holidays via NGH switchboard 01604 634700

Stoma Care Department, Kettering General Hospital

Stoma nurses -Sarah Hargreaves, Julie Smith and Jan Robinson

Direct Line: 01536 492011 - please leave a message on our answer phone. Bleep: 08.30-16.30 Mon – Fri, via KGH switchboard 01536 492000, bleep 208.

Drop in Clinic, by appointment only: every Tuesday in the Out Patient Department, Kettering General Hospital

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